

# LUMBAR ENDOSCOPIC SPINAL DECOMPRESSION

## COMPREHENSIVE REVIEW COURSE

7 AMA PRA Category 1 Credits™

(Plus Free Online Lectures)

## AND CADAVER WORKSHOP

12 AMA PRA Category 1 Credits™

**NOVEMBER 1-3, 2019 | HILTON MEMPHIS**

### COURSE VENUE

#### HILTON MEMPHIS

939 Ridge Lake Boulevard, Memphis, TN  
TEL: 1-901-684-6664 | FAX: 1-901-762-7496

### CADAVER WORKSHOP VENUE

#### MEDICAL EDUCATION & RESEARCH INSTITUTE

44 South Cleveland, Memphis, TN  
(901) 722-800 | (800) 360-6374

### SPECIALS

- Special room rates through September 30, 2019
- 50% off course fee for Resident/Fellows

**THIS COURSE IS OPEN TO PHYSICIANS ONLY**



American Society of Interventional Pain Physicians  
THE VOICE OF INTERVENTIONAL PAIN MANAGEMENT



## YOU'RE INVITED

On behalf of the Board of the American Society of Interventional Pain Physicians (ASIPP®), it is our privilege and pleasure to invite you to attend this Lumbar Endoscopic Spinal Decompression Comprehensive Review Course and Hands-On Cadaver Workshop. The 1 day didactic course is November 1 at the Memphis Hilton and the 1.5 day Cadaver Workshop is November 2-3 at the Medical Education Research Institute facility. This course meets the needs of interventionalists based on input and needs assessment.

### EDUCATIONAL OBJECTIVES/TARGET AUDIENCE

This comprehensive review course and cadaver workshop for Lumbar Endoscopic Spinal Decompression are targeted to interventional pain physicians seeking CME credit hours and an introduction or review of proven interventional techniques, as well as skills improvement.

### EDUCATIONAL OBJECTIVES

- Provide high-quality, competent, safe, accessible, and cost-efficient services to your patients
- Improve existing skills and/or develop new skills in the delivery of Lumbar Endoscopic Spinal Decompression
- Incorporate interventional techniques in treating your patients so that patients have better outcomes and reduced side effects

### AMERICANS WITH DISABILITIES ACT AND SPECIAL SERVICES

Organizers fully comply with the legal requirements of the Americans with Disabilities Act and the rules and regulations thereof. If any participant in this educational activity is in need of accommodations, please contact the organizers at (270) 554-9412 at least 10 days prior to the conference.

### ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The Institute for Medical Studies and the American Society of Interventional Pain Physicians (ASIPP®). The Institute for Medical Studies is accredited by the ACCME to provide continuing medical education for physicians.

### CATEGORY I CREDIT

The Institute for Medical Studies designates the Lumbar Endoscopic Spinal Decompression Review Course live activity for a maximum of 7.5 AMA PRA Category 1 Credits™ and the Lumbar Endoscopic Spinal Decompression Cadaver Workshop live activity for a maximum of 12 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

*ASIPP® is now an ABA Registered CME Provider.*

**Duplication or distribution of materials or recording of lectures without express written permission from ASIPP® is prohibited. There is NO commercial support for this course.**

## COURSE DIRECTORS



**Laxmaiah Manchikanti, MD**  
Chairman of the Board and  
Chief Executive Officer, ASIPP®



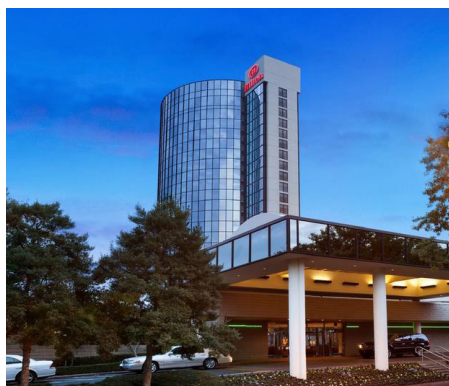
**Jason Capra, MD, PhD**  
Editorial Board, Pain Physician



**Sukdeb Datta, MD**  
Vice President - Strategic  
Alliances, ASIPP®

## FACULTY

TBD



### ACCOMMODATIONS

**HILTON MEMPHIS**  
939 Ridge Lake Boulevard  
Memphis, TN 38120  
TEL: +1-901-684-6664  
FAX: +1-901-762-7496



Enjoy rooms with luxurious bedding, 49-inch flat-screen TVs, WiFi and large work desks. A true gem among hotels in Memphis, TN, the Hilton Memphis hotel is in the heart of the East Memphis business district, a short distance from top attractions. This hotel is located just a few miles from the upscale shops, cinemas and restaurants on Poplar Avenue. Downtown Memphis is just a 20-minute drive and the airport is just 15 minutes away.

**In order to make your hotel reservation with the ASIPP room block rate let the hotel know you are with the ASIPP Meeting.**

## FRIDAY, NOVEMBER 1, 2019

### REVIEW COURSE FOR LUMBAR ENDOSCOPIC SPINAL DECOMPRESSION

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7:00 am – 7:55 am **BREAKFAST AND REGISTRATION**

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#### PROGRAM OVERVIEW AND ANATOMICAL REVIEW

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8:00 am – 9:30 am CHAIR - **Jason Capra, MD, PhD**

8:00 am – 8:30 am Introduction to curriculum and ASIPP approach to certification

8:30 am – 9:15 am Lumbar disc pathology and MRI interpretation for Endoscopic Spinal Decompression

9:15 am – 10:00 am Spinal Stenosis: Overview, Diagnosis, Classification, and treatment options

10:00 am – 10:30 am **BREAK**

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#### BASIC ENDOSCOPIC SESSION

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10:30 am – 12:00 pm CHAIR - **Sukdeb Datta, MD**

10:30 am – 11:00 am Needle placement, manipulation, and percutaneous disc decompression; working in the safe triangle.

11:00 am – 11:30 am Endoscope placement, manipulation, and equipment overview

11:30 am – 12:00 pm Endoscopic facet denervation and Endoscopic lateral branch (SIJ) denervation

12:00 pm – 12:55 pm **LUNCH** - Sponsored (No CMEs)

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#### INTERMEDIATE ENDOSCOPIC SESSION

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1:00 pm – 3:00 pm CHAIR - **Jason Capra, MD, PhD**

1:00 pm – 1:30 pm Indications, Efficacy and case selection: Transforaminal Endoscopic Decompression

1:30 pm – 2:00 pm Technical Considerations: Transforaminal Endoscopic Decompression for contained lumbar herniations

2:00 pm – 2:30 pm Technical Consideration: Transforaminal Endoscopic Decompression for extruded and migrated disc herniation

2:30 pm – 3:00 pm Putting it all together: Video case presentations of Transforaminal Endoscopic Decompression

3:00 pm – 3:30 pm **BREAK**

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#### ADVANCED ENDOSCOPIC SESSION/COMPLICATION MANAGEMENT

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3:30 pm – 5:30 pm CHAIR - **Sukdeb Datta MD**

3:30 pm – 4:00 pm Interlaminar endoscopic decompression for lumbar disc herniation/spinal stenosis

4:00 pm – 4:30 pm Extraforaminal endoscopic decompression for far lateral herniations and foramina stenosis/spondylolisthesis

4:30 pm – 5:00 pm Complication Management and Surgical Partnership

5:00 pm – 5:30 pm PANEL DISCUSSION. Faculty presentation of potential operative candidates submitted by attendees.

5:30 pm – 6:30 pm **MEET AND GREET WITH EXHIBITORS**

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## SATURDAY, NOVEMBER 2, 2019

### CADAVER WORKSHOP FOR INTERVENTIONAL TECHNIQUES

6:45 am	SHUTTLE TO CADAVER WORKSHOP FACILITY
7:00 am – 8:00 am	REGISTRATION AND BREAKFAST
8:00 am – 9:00 am	Overview of Cadaver Workshop - <b>Laxmaiah Manchikanti, MD</b>
<b>9:00 am – 12:00 pm</b>	<b>HANDS-ON CADAVER WORKSHOP</b>
12:00 pm – 1:00 pm	LUNCH
<b>1:00 pm – 5:00 pm</b>	<b>HANDS-ON CADAVER WORKSHOP</b>
	SHUTTLE TO HOTEL

## SUNDAY, NOVEMBER 3, 2019

### CADAVER WORKSHOP FOR INTERVENTIONAL TECHNIQUES

6:45 am	SHUTTLE TO CADAVER WORKSHOP FACILITY
7:00 am – 8:00 pm	REGISTRATION AND BREAKFAST
8:00 am – 9:00 am	Discussion - <b>Laxmaiah Manchikanti, MD</b>
<b>9:00 am – 12:00 pm</b>	<b>HANDS-ON CADAVER WORKSHOP</b>
	SHUTTLE TO HOTEL & AIRPORT

# LUMBAR ENDOSCOPIC SPINAL DECOMPRESSION CADAVER LAB COURSE PROCEDURES

BASIC*	INTERMEDIATE**	ADVANCED***
<ul style="list-style-type: none"> <li>Lumbar and SI rhizotomy</li> <li>Basic transforaminal discectomy</li> </ul>	<ul style="list-style-type: none"> <li>Thoracic rhizotomy</li> <li>Transforaminal discectomy with drill/trephine/kerrison for lateral recess and foraminal stenosis and migrated discs</li> </ul>	<ul style="list-style-type: none"> <li>Interlaminar discectomy with/without bony work for lateral recess stenosis and extraforaminal endoscopic decompression for far lateral discs and spondylolisthesis</li> </ul>

**\* BASIC LEVEL**

To participate in the Basic Level of the cadaver workshop you must have previously performed discograms and transforaminal epidural injections.

**\* INTERMEDIATE LEVEL**

To participate in the Intermediate Level of the cadaver workshop you must have previously performed discograms and transforaminal epidural injections AND attended at least 2 ASIPP courses, including the basic level of the ASIPP® Lumbar Endoscopic Spinal Decompression, or have performed at least 5 cases.

**\* ADVANCED LEVEL**

To participate at the Advanced Cadaver Workshop level you must have attended 2 previous ASIPP® Lumbar Endoscopic Spinal Decompression courses (Basic and Intermediate) and performed cases, or performed 10 - 20 cases.

# REGISTRATION

## REGISTRANT INFORMATION

IMPORTANT: Please answer all the questions:

### MEDICAL DEGREE:

- MD  DO  PhD  
 List other: \_\_\_\_\_

### PRIMARY SPECIALTY CERTIFICATION:

- Anesthesiology  Physiatry  
 Neurosurgery  
 Other: \_\_\_\_\_

### PAIN MEDICINE SUBSPECIALTY CERTIFICATION:

- American Board of Anesthesiology  
 American Board of Pain Medicine  
 American Board of Interventional Pain Physicians  
 Fellow of Interventional Pain Practice (FIPP)  
 Competency in Interventional Pain Management  
 Competency in Regenerative Medicine

### SPECIALTY DESIGNATION:

- 09 - Interventional Pain Management  
 72 - Pain Management  
 Other: \_\_\_\_\_

### FELLOWSHIP TRAINING:

- Pain Medicine  
 Spine Surgery  
 Sports Medicine  
 Other: \_\_\_\_\_

### YEARS IN INTERVENTIONAL PAIN MANAGEMENT PRACTICE:

- 0  1-5  6-10  > 10

### NUMBER OF YEARS EXPERIENCE IN LUMBAR SPINAL ENDOSCOPIC DECOMPRESSION:

- 0  1-5  6-10  > 10

### TOTAL NUMBER OF PROCEDURES PERFORMED DURING PAST YEAR:

PROCEDURE	TOTAL
Percutaneous disc decompression (Disc FX/Periculline)	_____
Lumbar endoscopic medial branch transection (rhizotomy)	_____
Thoracic endoscopic medial branch transection (rhizotomy)	_____
Cervical endoscopic facet debridement	_____
SI Joint endoscopic denervation	_____
Transforaminal endoscopic discectomy	_____
Transforaminal endoscopic foraminoplasty	_____
Interlaminar endoscopic discectomy	_____
Interlaminar endoscopic lateral recess decompression	_____
Extraforaminal transforaminal endoscopic discectomy	_____

\* Please Submit 1-2 Cases that you are considering treating with endoscopic techniques. Include MRI Images (sagittal/axial) and AP/lateral radiographs and brief subjective complaint/physician exam. Faculty will present these cases during the panel discussion and discuss potential treatments considering your level of experience.

PLEASE PRINT EXACTLY AS YOU WISH YOUR NAME TO APPEAR:

NAME (FIRST) (MIDDLE INITIAL) (LAST)

ORGANIZATION

ADDRESS

CITY STATE ZIP

PHONE FAX

E-MAIL

## LUMBAR ENDOSCOPIC DECOMPRESSION REVIEW COURSE AND CADAVER WORKSHOP

*Physicians only- All registrations must be approved*

### 1 DAY REVIEW COURSE ONLY

- \$1,000 Member  
 \$1,100 Non-Member

### 1 DAY REVIEW COURSE AND 1.5 DAY CADAVER WORKSHOP

- \$4,650 Member  
 \$4,950 Non-Member

### COURSE LEVEL

- Basic  
 Intermediate  
 Advanced

### PAYMENT METHOD (Please check one):

- MASTERCARD  VISA  AMERICAN EXPRESS  DISCOVER

CREDIT CARD NUMBER SECURITY CODE (Back of Card) EXP. DATE

NAME ON CARD

AUTHORIZED SIGNATURE (required on all credit card orders)

(Your application will not be processed if payment does not accompany registration form)

### RETURN COMPLETED FORM TO:

ASIPP®, 81 Lakeview Drive, Paducah, KY 42001 or  
Fax to 270-554-5394

### CANCELLATION POLICY:

ASIPP reserves the right to cancel this course upon reasonable notice and will assume no financial obligation to registrants for cancellation for reasons beyond its control. Registration fees will be refunded, however, costs incurred by the registrants, such as airline or hotel fees or penalties, are the responsibility of the registrants. ASIPP requires a 30-day notice of cancellation. Cancellations must be submitted in writing by October 1, 2019. Cancellations after October 1, 2019 but prior to October 17, 2019 will forfeit 50% of their registration fee. No refunds can be made after October 17, 2019.

### REGISTER ONLINE AT

<http://www.asipp.org/ASIPP-National-Meetings.html>



American Society of  
Interventional Pain Physicians  
81 Lakeview Drive, Paducah, KY 42001

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